



STUDY PROGRESSION FOR NEW COUNSELLING STUDENTS IN 2023 – SYDNEY v1

Each semester, you can choose between 1 and 4 units of study. A unit is what colleges and universities call a subject. See below for further explanations of codes, modes, pre and corequisites etc.

CODE	NAME	Prerequisites or Corequisites	Mode of Delivery	Semester 1 Schedule		Semester 2 Schedule
COU801	Therapeutic Communication Skills	NIL	Semi-intensive On Campus	3 – 4 March 31 March – 1 April 28 – 29 April 19 – 20 May + Livestream: 24 April & 8 May @ 6.30 – 8.30pm	OR	21 - 22 July 18 - 19 August 22 - 23 September 13 - 14 October + Livestream – refer Moodle
COU802	Counselling Theory & Practice	Prerequisite: COU801	Semi-intensive On Campus	3 – 4 March 31 March – 1 April 28 – 29 April 19 – 20 May + Livestream: 24 April & 8 May @ 6.30 – 8.30pm		21 - 22 July 18 - 19 August 22 - 23 September 13 - 14 October + Livestream – refer Moodle
COU811	Legal, Ethical, & Cultural Factors in Professional Practice	NIL	Livestream or On Campus	On Campus Wednesday 6.00 – 8.45 pm		Livestream Wednesday 6.00pm – 8.45 pm
COU812	Human Development	NIL	Livestream or On Campus	On Campus Thursday 6.00pm – 8.45pm		Livestream Thursday 6.00pm – 8.45pm



COU813	Counselling Methodologies in Therapeutic Practice	NIL	Mixed Delivery & On Campus	Mixed: Livestream: Weeks 1-5 & 10-12 Tuesday 6.00pm – 8.45pm AND On Campus 3 – 4 April 9.30am – 4.30pm	On campus Tuesday 6.00pm – 8.45pm
COU815	Counselling & Theology	Prerequisites: COU801, COU812, COU813 Corequisites: COU802	On Campus	DOES NOT RUN	On campus 3 – 4 & 6 – 7 July 9.00am – 5.00pm + Livestream: 20 July, 3 & 17 August
COU816	Mental Health & Professional Practice	Prerequisites: COU801 Corequisites: COU802	On Campus and Online or Livestream	Mixed: Online + 3 livestream classes – (Week 1, 3, & 10 - refer Moodle) AND On Campus 3 – 5 April 9.00am – 5.00pm	Mixed: Online + 3 virtual classes – refer Moodle AND On Campus 28 – 30 August 9.00am – 5.00pm
COU933	Group Dynamics & Facilitation	Prerequisites: COU801	On Campus	On Campus 8 – 10 February & 13 – 14 February 9.00am – 5.00pm	On Campus Wednesday 6.00pm – 8.45pm

FULL-TIME OR PART-TIME?

- It takes on **average**, a total of 9 or 10 hours per week to complete one unit. This includes your 'in class' time as well as time required to complete readings, assessments etc.
- You can complete your study either full or part-time (unless you are an international student, in which case you must study 4 units each semester).
- 3 or 4 units studied during a single semester are considered full-time. If you are applying for Austudy you must complete either 3 or 4 units per semester.
- 1 or 2 units studied during a single semester is considered part-time.

UNITS OF STUDY:

- Most of these units are offered in both semester 1 and 2, some however, have pre or co-requisites.
- Pre-requisites – these are units you must complete PRIOR to completing the nominated unit. For example, you must complete COU801, prior to completing COU802.
- Co-requisites – these are units you can complete AT THE SAME TIME as the nominated unit. For example, you can complete COU802 at the same time as completing COU815. You can also complete co-requisites PRIOR to completing the nominated unit, but not after. For example, you would not be able to enrol in COU802 after COU815, it must be done either before, or at the same time.

UNIT CODES:

- COU indicates that the unit is a Counselling unit. Some units are also taught in Chaplaincy, and you will see them in the timetable noted with both a COU and CHA code.
- The number you see relates to the Australian Qualification Framework (AQF) number. All the units in the Graduate Certificate or the Graduate Diploma (except for Group Dynamics & Facilitation) are coded AQF 8. The first year of Masters is completed at AQF 8.
- AQF 8 level units and Group Dynamics & Facilitation must be completed PRIOR to commencing AQF 9 level units.

MODES OF DELIVERY:

- **On Campus** – the class is conducted on campus, and must be attended on campus
- **Semi-intensive** – the class is split into several weekends across the semester. Friday night: 6.00pm – 9.00pm, and Saturday: 9.30am – 4.30pm.
- **Livestream** – the class will be conducted via zoom, and must be attended during the nominated times
- **Summer School Intensive** – the class is conducted on campus for 4 or 5 days (9am – 5pm) prior to the start of semester 1
- **Winter School Intensive** – the class is conducted on campus for 4 or 5 days (9am – 5pm) during the mid-year break
- **Mixed Delivery** – the class is conducted as a mixture, with either online or livestream classes and a 2 or 3 day intensive.
- **Online** – study at your own pace and time, generally one week per lesson. Also usually includes 3 livestream tutorials.